This new letter is published under the responsibility of the Board of the International Federation for Information Processing - Intersteno - and sent to all e-mail addresses of persons participating in the work of the members of Intersteno known to the Board. Contributions to the newsletter can be sent using the form on the web site www.intersteno.org.

Publication will take place at the discretion of the Board.

◊ n. 23 ◊

The first issue of Intersteno e-news was released on October 2005 and was sent to about 700 addresses. This n. 23 will be sent to 2221 addresses.

During this period we have tried to keep our readers informed in good time about Intersteno activities and to report the developments which are influencing our fields of interest. Mr Cees van Beurden released 8 issues of IPRS e-news specifically devoted to parliamentary topics.

Through these activities we feel sure that we have contributed to making more visible what Intersteno Boards and members are doing, so giving reality to the dream of passing from a monarchical structure to a democractic style in our organisation. This passage is an important part of the strategic vision that was embodied in the vote on the new statute in Rome 2003.

I warmly thank those who contributed to our e-news and I would like to thank Mr Peter Walker who has given added value to our publication through his revision of the English texts.

Perhaps the quality of information was not always as expected, and many suggestions have been made about a new approach for the future. We will try to fulfil these expectations and of course we rely on the cooperation and support of our readers.

Gian Paolo Trivulzio

◊ Prague 458 - 30 - 264 .◊

As of today 458 persons registered for the Prague Congress: they are coming from 30 countries and 264 of them will compete in one or more of the competition formulas offered.

You can see their names **by clicking here.**

◊ Last-minute messages from Jaroslav Polacek, President of the Organising Committee in Prague ◊

Dear young friends,

Your participation in the Prague 007 action is becoming a necessity. Our congress and championship should have been protected by the famous agent 007. However, he was called away by Her Majesty at the last minute. Only you can ensure the successful running of the congress. Prague 007 is going to be full of surprises: there are the mysterious and narrow lanes of old Prague, where there are a lot of dangerous people but also a lot of sensuous women. Prague, is full of surprises, riddles

and entertainment. The Da Vinci Code will be a boring story compared to what you will see. Everything is only up to you. Do not ask what the congress brings to you but how you can help the congress. We rely on you.

Dear friends,

the congress and the world championship in information processing Intersteno 2007 in Prague will not be only a competition but a scientific and social event. This year we managed to enter into an agreement with the Etincelle company, which helps disabled people. Our congress bags were made in the workshops of the disabled people. Thus each one of us will contribute to a good thing. It will be possible to buy other goods during the congress.

Jaroslav Polácek

⚜ Eveybody singing in Prague ⚜

Mr Jaroslav Zaviacic, President of Intersteno, suggests *Škoda lásky (Rosamunde, Beer Barrel Polka)* as the leitmotiv of the event, inviting everybody to sing this song on that occasion.

Škoda lásky became very popular during World War II, thanks to the version of the Czech musician Jaromír Vejvoda. He adapted the original music of Franz Schubert, which is the overture of the opera 'Rosamunde'. If you do not remember it, **please listen at this link.**

You find here below the *refrain* of this song in different languages

Škoda lásky, kterou jsem tobe dala, Škoda slzí, které jsem vyplakala. Moje mládí uteklo tak jako sen ze všeho mi zbývá jenom v srdci mém vzpomínka jen	Rosamunde, schenk' mir dein Herz und dein "Ja!" Rosamunde, frag' doch nicht erst die Mama. Rosamunde, glaub' mir, auch ich bin dir treu, Denn zur Stunde, Rosamunde, Ist mein Herz grade noch frei.
Rosamunda, tu sei la vita per me Rosamunda, tutto il mio cuore per te nei tuoi baci c'è tanta felicità più ti guardo e più mi piaci Rosamu … un … da.	Roll out the barrel, We'll have a barrel of fun. Roll out the barrel, We've got the blues on the run. Zing! Boom! Ta-rarrel! Ring out a song of good cheer. Now's the time to roll out the barrel, For the gang's all here.
Lala lalala. Ich bin Fraülein oum Papa Lala lalala. La petite gretchen aux gros bras ein, zwei, drei Lala lalala. C'est moi fraülein oum Papa Venez donc trinquer avec moi Frida oum Papapi papapa.	Sej-haj, Rozi, vasárnap kirándulunk, Meglásd, Rozi, unatkozni nem fogunk. Két szép szemed nevetve kacsint le rám, Polka közben súgd meg nekem, Hogyha csókra szomjas a szád.

Škoda lásky means *Wasted love:* I am fully convinced that love for Intersteno is not a wasted one, as I am sure that the time spent in Prague will surely not be wasted. ***(gpt)***

⚜ Events in USA ⚜

Shortly after the Intersteno Congress in Prague, two important events will take place in United States: the big conventions of NCRA and NVRA.
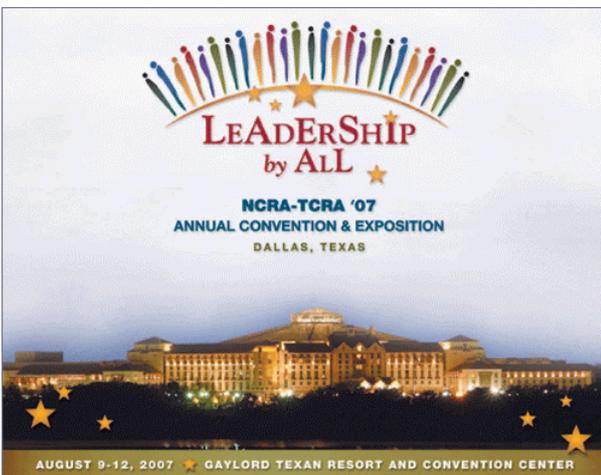
People are talking!

Under this heading the NVRA (National Verbatim Reporters Association) convention will take place in Philadelphia from 1st to 4th August 2007.

Conferences, official tests, certifications and entertainments are included in the programme. You can see all info **at this link.**

Nvra is an individual member of Intersteno.

Leadership by all

The National Court Reporters Association (NCRA) and Texas Court Reporting Association (TCRA) will hold their annual convention and exposition in Dallas from 9th to 12th August.

A long list of exhibitors and events are taking place. **Visit the web-side page for full info.**

NCRA is the national representative of Intersteno in United States of America.

❖ eCoach - start now training for the 2009 Congress ❖

eCoach is the result of a project developed by the Fraunhofer Institute for Communication Systems (Germany) which is designed to help achieve personal training goals. The project was sponsored by the Bavarian Ministry of Economic Affairs, Infrastructure, Transport and Technology.

You can read the original info from Fraunhofer Institute **connecting to this link.**

Irrespective of whether you want to learn a new language or lose weight, eCoach provides regular motivation to help you reach the goals you have set yourself, for example by sending you training tips, a congratulatory text message or a critical appraisal of your performance.

Dr. Dong-Hak Kim, project manager at the ESK, explains the principle behind eCoach: "The dynamic of eCoach is based on a psychological behavioral model which states that the feedback we get for a particular piece of behaviour is important for determining how we conduct ourselves in the future. A kind of dynamic behavioural cycle therefore develops." What is special about eCoach is that it adapts to the user's behaviour. It communicates independently with the user and asks, for instance, whether they are following their training plan. If users diligently keep to their plan they are rewarded with a cinema voucher, for example – similar to the bonus systems operated by health insurance companies.

Users can decide from case to case whether their cell phone or their PDA is to be their motivator. The devices are connected to the eCoach server via the Internet, so that the service can be used any time and anywhere. eCoach also has a community function, allowing the establishment of virtual communities made up of people sharing the same goal. The system anonymously compares personal success with that of the other members. Group dynamics and shared experiences help to stimulate and enhance the training.

Many thanks to Peter Walker for revising these texts